1. **ST PETER'S CHURCH**
   Built in 674AD, the tower and west wall are original Saxon features and the church also has on display fragments of the oldest stained glass in the country, made by 7th Century European craftsmen.

2. **THE FORGE**
   U Student Village

3. **NATIONAL GLASS CENTRE**
   Dedicated to the history of glass-making, with numerous exhibitions and galleries. Visitors can also watch glass being made in the centre, which is located on site, and their work can be purchased in the glass shop.

4. **GLASS CENTRE**
   The Sunderland Empire is one of the largest venues in the North East, with 1,860 seats and the capacity to accommodate 2,200 when all standing positions are occupied.

5. **EMPIRE THEATRE**
   The Sunderland Empire is one of the largest venues in the North East, with 1,860 seats and the capacity to accommodate 2,200 when all standing positions are occupied.

6. **MUSEUM AND WINTER GARDENS**
   Part of the Tyne and Wear Museums group, it contains the only known British example of a gliding reptile, the oldest known vertebrate capable of gliding flight.

7. **ROYALTY THEATRE**
   The Royalty Theatre is home to the (amateur) Royalty Theatre group who also put on a number of low-budget productions throughout the year. Renowned film producer David Parfitt is now a patron of the theatre.

8. **AQUATIC CENTRE**
   Contains an Olympic-size swimming pool, a diving pool and a gymnasium. It is the only full Olympic-standard pool in North East England between Glasgow and Leeds.

9. **STADIUM OF LIGHT**
   Home to Sunderland A.F.C. With space for 49,000 spectators, the Stadium of Light has the fifth-largest capacity of any English football stadium.

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**DISTANCES:**

- **Newcastle:** 10 miles | 28 mins by train/metro
- **London:** 240 miles | 3 hrs 30 mins by train

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**MAP KEY:**

- Railway Station
- Metro Station
- University of Sunderland Accommodation
- Railway/Metro Line
- Place of Worship
- Church
- Place of Worship Mosques
- Place of Worship Hindu Temples
- Restaurant

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**THESTADIUMOFLIGHT**

**SHOPPING CENTRE**

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**THE BRIDGES**

**ST PETER'S CHURCH**

**U Student Village**

**THE FORGE**

**NATIONAL GLASS CENTRE**

**ST ANDREW'S CHURCH**

**SUNDERLAND EMPIRE THEATRE**

**THE ROYALTY THEATRE**

**AQUATIC CENTRE**

**STADIUM OF LIGHT**

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**YOUR POCKET MAP OF SUNDERLAND**

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